

Values and Identity Canvas

Clarify who you are beyond your job title

Who am I beyond my role?

- What strengths am I known for?
- What kind of work brings out my best?
- When do I feel most like myself professionally?



What truly matters to me? (Values)

- What do I want more of in my work life?
- What am I no longer willing to compromise on?
- Which 3 values are non-negotiable for me now?



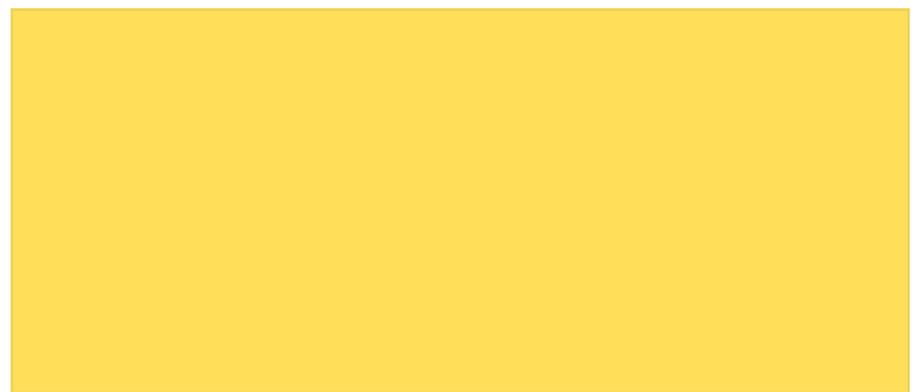
Energy and Meaning check

- What parts of my current work energize me?
- What consistently drains me?
- What kind of impact feels meaningful to me?



Redefining Success

- What does success mean to me at this stage of life?
- If no one were judging, what would I choose?
- What would a fulfilling career look like 3 years from now?



My Identity Statement

i am a professional who brings _____

and creates impact by _____